



**Calvary Chapel
of Rochester**

The Sermon On The Mount

Matthew 6

“Issues of the Heart!”

Fasting in the OT

- * **Judges 20:26**
- * **1 Samuel 7:6**
- * **2 Samuel 12:21-23**
- * **1 Kings 21:27**
- * **Nehemiah 1:4**

Fasting for Direction & Discernment

- * Ezra 8:23
- * Esther 4:16

Matthew 6

God's Rebuke for wrong Motives in Fasting

* **Isaiah 58:1-9**

Matthew 6

Fasting in the NT

- * Matthew 4
- * Matthew 17:20-21
- * Luke 2:37
- * Acts 10:30, 13:2, 14:23

Matthew 6

Reasons to Fast

- 1. When we are seeking to be loosed from a bondage, or...**
- 2. Interceding for someone else to be loosed from a demonic oppression or evil spirit**
- 3. When we are seeking the Lord's will and direction for our lives**

Matthew 6

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- * **Philippians 4:11-13**
- * **Hebrews 13:5**
- * **1 Timothy 6:6-10**
- * **James 5:1-5**
- * **1 Corinthians 3:10-15**

Treasures in Heaven

v.20

1. **Sharing the gospel wherever, whenever and to whoever will hear**
2. **Helping out a neighbor in need**
3. **Taking time to minister to shut-ins or those in nursing homes, or making hospital visits**
4. **Ladies! volunteering to baby sit for a mom who is overwhelmed with a bunch of kids so that she and her husband can go out on a date**

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Treasures in Heaven

v.20

5. **Coming alongside a young person who doesn't have a parent**
6. **Helping someone out financially when they suddenly have an emergency**
7. **Being good examples to all, especially those in your own household**
8. **Guys! Doing the dishes when you see a pile in the sink; doing it regularly when you can; help fold laundry when your wife's back is hurting**

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Treasures in Heaven

v.20

9. Picking up your clothes on the floor and putting them in the clothes bin
10. Investing in your kids and grandkids with your time and resources

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*** Philipppians 4:6-8**

Matthew 6

- * **Numbers 21:1-22**
- * **2 Peter 2:15-16**
- * **Matthew 19:16-22**
- * **Matthew 16:26**
- * **Acts 20:24**
- * **Revelation 2:10**

Ephesians 2:10 (NKJV)

10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Matthew 6

- * **Job 38:4-7**
- * **Job 38:19-24**
- * **Jeremiah 29:11**

Proverbs 3:5-6 (NKJV)

5 Trust in the LORD with all your heart, And lean not on your own understanding;

6 In all your ways acknowledge Him, And He shall direct your paths.



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